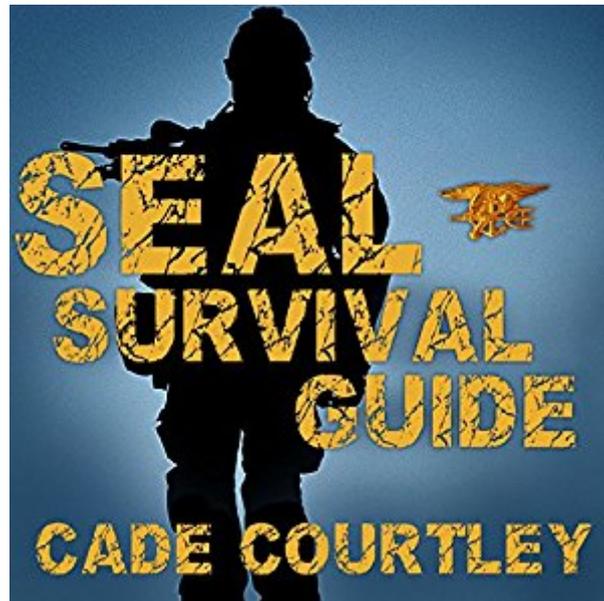


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# Seal Survival Guide: A Navy Seal's Secrets To Surviving Any Disaster



## Synopsis

Former Navy SEAL and preeminent American survivalist Cade Courtley delivers step-by-step instructions anyone can master in this user-friendly guide. You'll learn to think like a SEAL and how to: Improvise weapons from everyday items Pack a go bag Treat injuries Survive extreme climates Survive a pandemic From random shootings to deadly wildfires to terrorist attacks, the reality is that modern life is unpredictable and dangerous. Don't live in fear or rely on luck. Learn the SEAL mindset: Be prepared, feel confident, step up, and know exactly how to survive any life-threatening situation.

## Book Information

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## Customer Reviews

Dashing ex-Navy Seal Cade Courtley, star of Spike TV's just-launched "Surviving Disaster" show, comes out with his own survival guide. He's the real deal, but there's not much new in the book, if you have read Robert Pelton's guides and also Cody Lundin, etc. However, it's still good stuff, and if you don't have one of these real life disaster books, this may be the book for you. A quote from the author: "After making it through Seal training and the stuff I did as a Seal, I guess you start to feel like you can make it through anything. When you have that kind of a mindset, there's a certain confidence that goes along with that. The confidence is really helpful when all hell breaks loose," he notes. "We try to teach people, 'Yeah, that just happened. Take a breath. Let's get that brain working and we can problem solve our way through this.' It's nothing too advanced where you'd need 20 years experience of hand-to-hand combat." Entertaining, and perhaps life-saving.

SEAL Survival Guide: A Navy SEAL's Secrets to Surviving Any Disaster is the Go-To-Guidebook for surviving any disaster. Coutley has an impressive background as a Navy SEAL, and has done a great job at providing the right kinds of information. The book is comprehensive, has easy to understand illustrations, and is full of critical information. Every person in America should read this book to develop the right mindset advantage in any emergency. Knowing what to do in a crisis is half the battle. I heartily recommend this book.

Well written how not to get your self dead book. The author covers many survival subjects and makes some great suggestions. Even if you are not the physical specimen of a Navy Seal there is information that you can and should use. Most of what is offered is common sense which many in our society is lacking in an age that could kill you if you are not paying attention. This book brings focus as to what we should be paying attention to. Can you survive an active shooter in a mall? This book increases your chances in that scenario and many others.

In this book Cade Courtley teaches you the survival techniques and strategies of America elite warriors, which is the Navy, where he got his training from. It teaches you how to survive in a natural disaster, the wilderness, a terrorist attack and many more other situations for we know the world we live in is dangerous. It also presents you with real life situations and shows you how to survive if you ever get's caught up in one. For example surviving from freezing on a mountain, bites from poisonous snake and insects, trapped in a desert, plants that contain water and leaves you can eat. This book is full of useful information for all ages and professions, from boy scouts, hikers, campers, moms and dads will all benefit from this book. The book is an easy read because the author goes into in-depth details step by step making it easy for you to understand. I recommend this book because it actually teaches you something that will stay with you for the rest of life, you actually getting your money back because you are learning something that will benefit you in the real world.

You need this book. It's cover-to-cover with practical advice designed for the average person. You don't have to be an expert to successfully follow any of the advice given.

Cade Courtley isn't kidding when he says he is "about to save your life". That is EXACTLY what this book is about: saving your life. Everyone needs to read this book, as a society we are too complacent and rely on others for our safety, step up and take command of your situation! This

book will help you deal with difficult and sometimes deadly situations that you may very well find yourself in. It's not IF, it's WHEN some of these things happen. FIVE STARS. -Marquise

I found this book quite interesting and quite dissimilar from the previous read about survival techniques. Here we don't remain on surviving in the wilderness, be it arctic, jungle, desert or forest, but we expand our views to urban and everyday possible dangers that we might encounter. Definitely a wider subject.

If you are a cautious and thoughtful person, much of the content of this book is common sense, but the book opened my mind to many new considerations for personal safety. This book isn't just for macho men, my wife read it and said that she learned a lot and really enjoyed the personal safety tips and considerations. If more people practiced the safety precautions outlined in this book, there would be less crime. (in my opinion)

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